

# *Southern Showdown*

## *Rules & Regulations*

1. Competitors dance at own risk
2. A small group is deemed to be 3-8 dancers
3. A large group is deemed to be more than 9 dancers
4. Mini Discs, Cd's and MP3 players will all be accepted. It is the responsibility of the competitors to have a back up copy of there music. Tapes will not be accepted
5. Dance Time is limited to 5 minutes maximum for all Standard sections
6. Dance Time is limited to 7 minutes maximum for all Freestyle sections
7. A Novice dancer is one that has never been placed in any Line Dancing Competition
8. An Advanced dancer is one that often competes and is placed 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in any Line Dancing Competition
9. A Competitor may only dance once in any given section for which they qualify
10. Country Attire including Cowboy Hats are compulsory in all Standard Sections. There are no clothing restrictions in any Freestyle or Open Sections however it must be in good taste and reflect your performance.
11. Hat & Skirt work is allowed and should only be used to enhance your routine and will be judged accordingly.
12. Arm positions may differ between males and females however contestants wearing Jeans must retain identical hand positions
13. There are no regulations governing the length of Long Skirts other than you must be able to clearly see your footwork. Short Skirts must be of a tasteful length.
14. Modesty Skirts are not compulsory and is the choice of the competitor to wear/not wear
15. No club/competitors can repeat the same dance routine in any other section of the competition
16. A Standard Line Dance is when all dancers perform the same steps on the same foot at the same time in the same direction
17. Contestants may not change formation once the dance has commenced
18. A Standard Line Dance must repeat at least once and may only be danced to Country Music with exception to the Open Sections.
19. There are no music restrictions for the Freestyle or Open sections
20. Mirror Imaging and Contra are allowed in Freestyle sections only
21. Team formations may split to form any configurations in Freestyle sections only
22. No competitor/s may cease dancing for more than 8 counts after the routine has started

23. The Open Sections can be entered by any competitor of any age and ability. These sections have been added for those who are unable to dance in there appropriate age level for what ever reason.
24. There must be at least 20 years age difference between competitors dancing in the Mixed Age Duo section.
25. The Mixed Level Duo section has been designed for non traditional partners that are of 2 different levels of dancing i.e. beginner dancing with an advanced dancer. This section is not restricted by any age but dancing abilities only.
26. The Mixed Level Team section must be made up of a variety of Levels with no more than 50% of the team being at an advanced level
27. Competitors dancing in the Solo section will share the floor with 2 or more contestants. If you are the only competitor in your division a Casper will be provided
28. Competitors dancing in the solo sections will be required to dance the first 2 sequences as per the dance sheet then free interpretation may be added in keeping with the line of the dance.
29. Any breach of the rules will result in points lost/ disqualification. This will be at the discretion of the judges after consultation with the Head Judge.
30. Age is as of 01/08/09
31. The Judges decision is final