

WEAR AND TEAR

SONG: WEAR AND TEAR ON MY HEART by George Fox
CHOREOGRAPHER: Jenny Lucey (Hamilton, NZ) – April 2008
DESCRIPTION: 48 Counts 4 Wall Intermediate Dance

- (1 – 4) MONTEREY**
1,2 Point R to R side, ½ turn R, R beside L,
3,4 Point L to L side, Step L beside R
- (5 – 12) ROCK ½ SHUFFLE, ROCK ¾ SHUFFLE**
1,2,3&4 Rock fwd on R, back on L, ½ turn R shuffle (RLR)
1,2,3&4 Rock fwd on L, back on R, ¾ turn L shuffle (LRL)
- (13 – 16) HIP BUMPS**
1&2 Step R while doing hip bumps RLR,
& ½ Turn R
3&4 Hip Bump LRL as you step onto L
- (17 – 20) KICK, KICK, SAILOR**
1,2,3&4 Kick R fwd, Kick R to R side, Step R behind L Step L to the side Step R to the side
- (21 - 28) VINES**
1,2,3,4 Step L over R, R to R side, L behind R, Point R to R side,
1,2,3,4 Step R over L, L to L side, R behind L, Point L to L side,
- (29 – 36) STEP, POINT, CROSSOVER, ½ UNWIND (Twice)**
1,2 Step L across R, Point R to R side,
3,4 * Cross R over L, Unwind ½ turn L Weight on R *
1,2 Step L across R, Point R to R side,
3,4 Cross R over L, Unwind ½ turn L Weight on R
- (37 – 40) ROCK & SHUFFLE**
1,2,3&4 Rock L across R, Back on R, Shuffle to L side (LRL)
- (41 – 44) ROCK ½ TURN**
1,2 Rock R over L, Back on L
3,4 ¼ Turn R stepping R fwd, ¼ Turn R stepping L to L side,
- (45 – 48) ROCK, KICK BALL CROSS**
1,2,3&4 Rock back on R, Fwd on L, Kick R fwd, Step R tog Step L across R.
- Restart:** During 5th Wall, do first 32 counts then Restart
ie.- at the end of * point transfer weight to L and restart dance