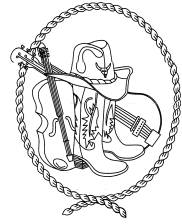


The Petone Strut



Type Dance: 1 Wall (or 4)
Counts: 32 Counts
Difficulty: Beginners 1 (Very Easy)
Choreographer: Val Jenness
Music: Any 32 count music of a med speed.
Val Used <You make my pants wanna Get up and dance. by Dr Hook>
Prepared by: Val Jenness (Capital Line Dancers-Lower Hutt NZ)(04)939-4175

Counts

Description

Commence facing 1st wall, feel together Weight on left

FWD STRUTS HEEL/TOE R L R L

1 - 2 Place Right heel down moving fwd, then the R toe slaps down
3 - 4 Place Left heel down moving fwd, then the L toe slaps down
5 - 8 Repeat above counts 1-4 again.

BACK – HITCH & CLAP X 2

9 - 12 Step back Right, Left, Right, Hitch left leg up & clap
13 - 16 Step back Left, Right, Left, Hitch right leg up & clap

SIDE CLOSE SIDE TAP/CLAP (R & L)

17 - 20 Step Right to R side, close left, step Right side, Tap left beside R-Clap
21 - 24 Step Left to L side, close right, step Left side, Tap right beside L-Clap

45 DEG HEELS – CLOSE (R L R L)

25 - 26 Right foot does a heel dig into floor at 45deg (diag Right) then close.
27 - 28 Left Heel. Does a heel dig into floor at 45deg (diag Left) then close.
29 - 32 Repeat counts 25 - 28 once again.

End of dance,
Repeat from the beginning again until music finishes.

NB: This dance can be turned into a 4 wall dance by dancing a quarter turn to left on count 23 then tap facing the new left wall. Continue with Heel Digs then start again.

NB: The side close side tap could also be turned into a vine, with or without the ¼ turn.

Any suitable music with sequences of 32 counts can be used for this dance. Have fun. Val.