

INSIDE OUT

Choreographed by: Kim Ray, (UK) March 2008

Description: 32 Count, 4 Wall, Intermediate Level Line Dance, 1 Restart

Music: 'On The Outside' by Roch Voisine (80 bpm) from CD Double

Intro: 32 Count

Sect 1 - CROSS ROCK, BALL CROSS SIDE, BACK CROSS, COASTER CROSS, CROSS

1-2 Cross rock R over L, Recover onto L

&3-4 Step R slightly back, Cross L over R, Step R to right side

&5-6 Facing left diagonal step L back, Cross R over L, Step L back

&7-8 Straightening up step R beside L, Cross L over R, Cross R over L

Note: Counts 7-8 are travelling forward

Sect 2 - 1/2 TURN RIGHT, BACK ROCK, 1/4 LEFT, BACK ROCK, 1/2 RIGHT, FULL TURN RIGHT

1&2 Triple step 1/2 turn right stepping - L, R, side L

Restart: *Wall 4: start dance again from beginning at this point*

3&4 Rock R back, Recover onto L, Make 1/4 turn left stepping R to right side

5&6 Rock L back, Recover onto R, Make 1/2 turn right stepping L in place

7&8 Triple step full turn right, Stepping - R, L, R

Sect 3 - BALL STEP, RUN RUN, FWD ROCK, COASTER CROSS, SIDE ROCK CROSS

&1 Step L slightly fwd, Step R fwd

2& Small step/run L fwd, Small step/run R fwd

3-4 Rock fwd on L, Recover onto R

5&6 Step L back, Step R beside L, Cross L over R

7&8 Rock R to right side, Recover onto L, Cross R over L

Sect 4 - 1/2 TURN, CROSS & ROCK, BALL CROSS, UNWIND, BALL CROSS, UNWIND

&1 Turn 1/4 right stepping L back, Turn 1/4 right stepping R to right side

2&3 Cross L over R, Step R to right side, Cross rock L over R

4 Recover onto R

&5 Step L to left side, Cross R over L

6 Unwind full turn left (weight finishes on R)

Option: *Replace count 6 (unwind full turn) with Hold*

&7 Step L to left side, Cross R over L

8& Unwind full turn left (weight finishes on R), Step L to left side

Option: *Replace count 8 (unwind full turn) with Hold*

Note: *Counts &5 up to 8& are all travelling to left side*

RESTART DANCE IN NEW DIRECTION

RESTART: During WALL 4, after count 2 in Section 2