

# HELP ME REMEMBER

SONG: HELP ME REMEMBER  
ARTIST: RASCAL FLATS  
ALBUM: STILL FEELS GOOD  
CHOREOGRAPHER: NOEL BRADEY, SYDNEY, October 2007  
ORIGINAL POSITION: Feet Together, Weight On R foot  
DANCE STARTS: After 16 Count Introduction

BEATS: STEPS: TWO WALL INTERMEDIATE LINE DANCE Version: 1:03

- 1-8 RHUMBA BOX, TOGETHER, BACK, REPLACE, TOGETHER, FWD, REPLACE**  
1&2 Step L to left side, Step R beside L, Step L fwd dragging R slightly towards L  
3&4 Step R to right side, Step L beside R, Step R back dragging L slightly towards R  
&5,6 Step on ball of L beside R, Rock/step back on R, Replace weight fwd onto L  
&7,8 Step on ball of R beside L, Rock/step fwd on L, Replace weight back on R
- 9-16 TOGETHER, ½, ½, BACK, COASTER CROSS, SIDE, REPLACE, CROSS, SIDE, REPLACE, ½ HINGE, CROSS, SIDE**  
&1&2 Step on ball of L beside R, Turn 180° right to step R fwd, Turn 180° right to step L back, Step R back (12:00)  
3&4 Step L back, Step R beside L, Cross/step L over R  
5&6 Rock/step R to right side, Replace weight to L, Cross/step R over L  
&7&8& Rock/step L to left side, Replace weight to R, Hinge turn 180° left stepping L to left side, Cross/step R over L  
Step L to left side (6:00)
- 17-24 DIAG CROSS, REPLACE, ¼ TURN FWD, FWD, ½, ½, ROCK FWD, REPLACE, ½, ½, REVERSE PIVOT**  
1,2&3 Cross/rock R over left at 45° left, Replace weight back to L, Turn 90° right to step R fwd, Step L fwd (9:00)  
4&5 Turn 180° left stepping R back, Turn 180° left stepping L fwd, Rock/step fwd onto R (9:00)  
6&7 Replace weight to L, Turn 180° right stepping R fwd, Turn 180° right stepping L back (9:00)  
&8 Touch R toe back, Reverse pivot turn 180° right taking weight onto R (3:00)
- 25-32 DIAG CROSS, REPLACE, ¼, CROSS ¾ TURN, SAILOR, CROSS, REPLACE, ¼, FWD, ½ PIVOT**  
1,2& Cross/rock L over R at 45° right, Replace weight to R, Turn 90° left stepping L fwd, (12:00)  
3 Cross/step R over L as you turn 250° left sweeping L around (*wt R*) (3:00)  
4&5 Cross/step L behind R, Step on ball of R to right side, Replace weight to L  
6 Cross/rock R over L at 45° left  
7&8& Replace weight to L, Turn 90° right stepping R fwd, Step L fwd, Pivot turn 180° right (*wt R*) (12:00)
- 33-40 ROCK FWD, REPLACE, ½, ROCK SIDE, REPLACE, BESIDE, ¼, ¼, CROSS, ¼, ¼, CROSS**  
1,2& Rock/step L fwd, Replace weight to R, Turn 180° left stepping L fwd (6:00)  
3,4& Rock/step R to right side, Replace weight to L, Cross/step R over L (#)  
5&6 Turn 90° right stepping L back, Turn 90° right stepping R to right side, Cross/step L over R (12:00)  
7&8 Turn 90° left stepping R back, Turn 90° left stepping L to left side, Cross/step R over L (6:00)
- 41-48 REPLACE, ¼, SIDE, BEHIND, 1/4, BACK, BACK, TOGETHER, COASTER STEP**  
1&2 Replace weight to L, Turn 90° right stepping R fwd, Step L to left dragging R slightly towards L (9:00)  
3&4 Cross/step R behind L, Turn 90° left stepping L fwd, Step R fwd dragging L slightly towards R (6:00)  
5,6& Step L back dragging R towards L, Step R back dragging L towards R, Step on L beside R (12:00)  
7&8 Step R back, Step on L beside R, Step R fwd dragging L towards R (6:00)  
**48 Restart Dance in New Direction**

**TAG:** *A Four Count Tag Follows Wall 2 – Fwd Coaster, Back Coaster*  
**1&2, 3&4** *Step L fwd, Step R beside L, Step L back, Step R back, Step L beside R, Step R fwd*

**TO END DANCE:** *Dance to Count 34& (#), You'll be facing 12:00, Then step on L to left side, dragging R to beside L*

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