

4 THE 1

SONG: IN THE ARMS OF THE ONE WHO LOVES ME
ARTIST: TY HERNDON
ALBUM: RIGHT ABOUT NOW OR STRICTLY 35
CHOREOGRAPHER: MICHAEL VERA-LOBOS JULY 2007
ORIGINAL POSITION: FACING 11:00 WEIGHT ON R
START DANCE ON VOCALS – 48 COUNT INTRO

BEATS:	STEPS:	4 WALL INTERMEDIATE WALTZ	Version 1:00
1 – 12 1,2,3,4,5,6 1,2,3,4,5,6	DIAGONAL, DRAG, KICK, STEP BACK, 1/8 L ,CROSS, SIDE, REPLACE, CROSS, 1/4 L, 1/2 L, 1/4 L Step Diagonal fwd L, Drag R beside L, Kick R fwd (11:00), Step back on R , Turning 1/8 L Step on L, Cross R over L (<i>End facing 9:00</i>) Side Rock L, Replace wt on R, Cross L over R, Turning 1/4 L Step back on R, Turn 1/2 L on L, Turn 1/4 L on R (9:00)		
13 – 24 1,2,3,4,5,6 1,2,3,4,5,6	SAILOR WALTZ L, CROSS BEHIND, 1/4 L, 1/4 L, SAILOR WALTZ L, CROSS BEHIND, 1/4 L, 1/2 L Cross L behind R ,Rock R to R, Replace wt on L, Cross R behind L, Turn 1/4 L on L, Turn a further 1/4 L on R (3:00) Cross L behind R ,Rock R to R, Replace wt on L, Cross R behind L, Turn 1/4 L on L, Turn a further 1/2 L on R <i>End wt on R (6:00)</i>		
25 – 36 1,2,3,4,5,6 1,2,3,4,5,6	STEP BACK, DRAG/TAP, HOOK, FULL SPIN FWD R, STEP FWD, 1/2 PIVOT R RAISE, DROP, 3/4 TURN R Step back L, Drag R towards L tapping it slightly fwd, Hook R across L, Turn a full turn fwd R Stepping R,L,R Step fwd L, Pivot 1/2 R Raising Heels, Drop weight on L, Step fwd R, Turn 1/2 R Stepping back on L, Turn a further 1/4 R Stepping onto R (<i>End facing 9:00</i>)		
37 – 48 1,2,3,4,5,6 1,2,3,4,5,6	DIAGONAL, DRAG, KICK, BACK, SIDE, CROSS, SIDE STEP, DRAG BESIDE, FULL TURN R Step Diagonal fwd R Leading with L (10:00), Drag R beside, Kick R, step back on R, Step L to L straightening up to side wall (9:00), Cross R over L Large Step L to L, Drag R towards L for two counts, Full Spin R Stepping R,L,R (<i>End 9:00 – L heel Raised</i>)		
49 – 60 1,2,3,4,5,6 1,2,3,4,5,6	1/4 DROP L, 1/2 SWEEP AROUND L, CROSS, SIDE, BEHIND, 1/4 L, 1/2 SWEEP AROUND L, CROSS, SIDE, BEHIND Dropping wt onto L Turn 1/4 L(6:00), Turning a further 1/2 L Sweep R toe around keeping wt on L (2 counts) (12:00), Cross R over L, Step L to L, Cross R behind L (<i>End facing 12:00 wt on R</i>) Turning 1/4 L step onto L (9:00), Turning a further 1/2 L Sweep R toe around keeping wt on L (2 counts) (3:00), Cross R over L, Step L to L, Cross R behind L (<i>End facing 3:00 wt on R</i>)		
61 – 72 1,2,3,4,5,6 1,2,3,4,5,6	SIDE ROCK, REPLACE, 1/2 HINGE L, CROSS, 1/4 R, 1/2 R, STEP FWD, 1/4 R, CROSS, STEP SIDE, 1/2 HINGE L, CROSS Rock L to L, Replace wt on R, Hinge 1/2 L Ending by Stepping on L (9:00), Cross R over L, Turn 1/4 R Stepping back on L, Turn a further 1/2 R stepping onto R (<i>End wt on R facing 6:00</i>) Step fwd L, Pivot 1/4 R, Cross L over R (9:00), Step R to R, Hinge 1/2 L on L, Cross R over L (<i>End facing 3:00</i>)		
TAG: 1,2,3,4,5,6 1,2,3,4,5,6	Occurs at end of Walls 2 (Facing back) & 4 (Facing Front wall) traveling to corners. Waltz fwd L into L Corner stepping L,R,L, Step back on R & Turn 1/2 L on L, Step fwd on R into new corner Step fwd L, Pivot 1/2 R, Step fwd L (Back to original position), Full spin fwd over R (Into corner) Start again		
FINISH:	Music fades near end keep dancing at normal speed to count 69 and turn over L to face front wall		

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