

If I'm Not The One

Choreographer: Judith Campbell "Hooked on Country" NZ July 2011

Music: The One – by Stan Walker – Music on iTunes

32 Count – 4 Wall Dance

I haven't used any tags or restarts - Just dance through.

Intro: 16 counts

Beats Steps

1 – 8& **TWO WALKS FWD – FWD COASTER – BACK COASTER –
SWEEP ACROSS – SIDE – BEHIND**

1 2 Walk fwd on R ft then L ft,

3&4 Step fwd on R ft, bring L up next to R (&), step back on R ft

5&6 Step back on L ft, bring R ft in next to L, step fwd on L

7& Sweep R ft around to front crossing in front of L ft (weight on R ft), step L to L (&),

8& Step R ft behind L, step L ft next to R ft (&) **(12:00)**

9 – 16 **STEP HALF PIVOT TURN – ROCK BK RECOVER FWD –
CROSS SAMBA – CROSS SHUFFLE**

1 2 Step fwd on R, 1/2 pivot turn to L (taking weight onto L ft), **(6:00)**

3 4 Rock back onto R ft, recover fwd onto L,

5&6 Step R across L, step L to L side, step R in place (samba),

7&8* Cross shuffle to R side (LRL) – **Dance finishes here**

17 – 24 **COASTER with QUARTER L – ROLL FWD LRL – TWO HALF PIVOTS**

1&2 Step R to R, turning a 1/4 to L – stepping back on L ft next to R, stepping fwd on R ft **(3:00)**

3&4 Full roll R moving fwd (LRL)

Alternative to roll – just shuffle fwd

5 6 7 8 Step fwd on R, 1/2 turn L (weight on L), step fwd on R 1/2 turn L (weight on L)

25 – 32 **ROCK RECOVER – BEHIND SIDE CROSS – ROCK RECOVER – BEHIND SIDE CROSS**

1 2 3&4 Rock out to R side, recover onto L ft, step R behind L ft, step L to L, cross R over L

5 6 7&8 Rock out to L side, recover onto R ft, step L behind R ft, step R to R, cross L over R **(3:00)**

32 Start the dance in new direction – Enjoy!!!

* **Finish dance on the Cross Shuffle (12:00)**