

# THE BODY FESTIVAL SLIDE

Choreographer: Mary Stanley-Shepherd "Cathedral City Line Dancers" Christchurch, NZ.  
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Music: "Dancing In The Street" by David Bowie & Mick Jagger

Description: 32 Count, 2 Wall, Beginners Basic Line Dance

Intro: Weight on Left Foot (LF) Start on lyrics.

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Count Steps

1 2 3 4 **VINE RIGHT & STOMP**

Step right foot (RF) to right side, step left foot behind right foot, step RF to right side and stomp left heel next to right instep. Lifting the foot off the ground afterwards ready to go to the left.

1 2 3 4 **VINE LEFT & STOMP**

Step LF to left side, step RF behind LF and step LF to left side and stomp R heel next to left.

1 2 3 4 **WALK FORWARD 3 STEPS & KICK LEFT FOOT FORWARD**

Walk forward three steps, right, left, right and kick left foot forward

1 2 3 4 **BACK UP 3 STEPS AND STOMP RIGHT HEEL**

Back up three steps, left, right, left and stomp right heel next to left foot.

1 2 3 4 **VINE RIGHT & STOMP**

Step RF to right, step LF behind right, step RF to right and stomp left heel next to right instep.

1 2 3 4 **VINE LEFT WITH HALF TURN LEFT & STOMP**

Step LF to left, step RF behind left foot, step on to LF as you turn **half** left (you will now be facing the wall that was behind you) stomp right heel next to left instep taking the weight.

1 2 3 4 **DOUBLE HIPS PUSHES RIGHT & LEFT**

Push your right hip to the right twice, transfer weight to left foot and push left hip to left twice.

1 2 3 4 **SINGLE HIPS PUSHES RIGHT, LEFT, RIGHT, LEFT**

Changing weight each time push hips to right, left, right, left.

**START DANCE AGAIN AND REPEAT.**

This dance was written especially for the opening of the 2009 Body Festival of Dance, Christchurch, New Zealand in an attempt at the World's Longest Line Dance on **Friday 25<sup>th</sup> Sept 2009**

For more info and to register your team please contact Vanessa at the Festival office on Phone: 366 7709 or [Vanessa@thebody.co.nz](mailto:Vanessa@thebody.co.nz)